

KENT CDAP

Kent Community Domestic Abuse Programme

(Registered Charity Number 1151918)

What is CDAP?

The Community Domestic Abuse Programme is a rolling programme of evening sessions. It is designed to help men who feel their behaviour towards their partner has been, or is still, abusive. Kent CDAP challenges that behaviour and shows you how it affects your partner or ex-partner and any children that may be involved.

We know it can be tough facing up to difficult problems. This programme will support you to make the changes you need to develop respectful, non-abusive relationships so that you are safe around your partner and any children.

How long is the programme?

The programme lasts for 27 weeks. It is expected that once you are accepted on to the programme, you will attend all the sessions. Sessions are held once a week and each session lasts 2½ hours.

How can I access CDAP?

The first step is to decide if you want to change your behaviour. After that, contact us and we will offer an interview to assess your suitability.

Programme criteria - you must:

Acknowledge your abusive behaviour. Accept your behaviour is a problem. Accept responsibility for ending your abusive behaviour. Agree to conditions of attendance.

Why is there a women and children's service?

Any woman whose partner or ex-partner is attending the programme will have experienced some level of violence or abuse, and for most this will have been over a long time. CDAP supports the safety of women and children involved by offering associated services to them alongside your programme. One condition of attendance is therefore that you provide contact details of your partner or ex-partner.

Interested?

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